

FREQUENTLY ASKED QUESTIONS

What is Good Sports?

Good Sports – Australia's largest community health sports program – has been helping build strong community sporting clubs across Australia for over 20 years.

Being part of Good Sports shows your community that your club is a welcoming place, helping to bring in and keep members and volunteers. It can also help you comply with legal requirements, and you'll get free access to program staff, tools and resources.

Today almost 10,000 clubs are proud to be a part of the Good Sports team.

What sporting codes are involved?

Clubs from over 70 sporting codes, in all states and territories are part of Good Sports. Any and every sporting code is welcome. Good Sports clubs range from football, netball, cricket, and athletics – all the way to gymnastics, dance, equestrian and dragon boating.

How much does it cost?

There's no cost to join Good Sports - it's free for all community sporting clubs in Australia. That means your club's all-important funds stay in your club!

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Why should I join and why does it matter?

Nearly 10,000 Australian clubs are using the Good Sports program's free, online tools and resources that focus on alcohol management, smoking regulations, mental health, illegal drugs and safe transport. We also help you establish a great environment for juniors to play the sport they love. Together, this helps create a safe, welcoming, family friendly environment.

Sporting clubs that role-model healthy behaviours are leaders in their community, playing an important role to prevent and reduce harms from alcohol and other drugs.

Alcohol is Australia's most widely used recreational drug, with one in five Australians drinking at risky levels.

We work with a variety of clubs; from those with a liquor license, those where alcohol is only consumed occasionally, to clubs that are completely alcohol and smoke-free.



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How will Good Sports benefit my club?

Being part of Good Sports shows your community that your club is a welcoming place, helping to bring in and keep members and volunteers. It can also help you comply with legal requirements, and you'll get free access to program staff, tools and resources.

We know your club is the most important thing. The program is designed to ensure you have time to give your all to your club, without unnecessary or complicated paperwork.

How do I get involved?

Joining is easy and only takes a few minutes. Head to our Join Now page and register your details. You'll then receive a confirmation email, where you can login and create an account for your club.

The online portal is simple and easy to use. It outlines the steps you need to take. Good Sports clubs have told us that it's clear what's expected from them and easy to find further information. This has enabled them to sign off their first policy quickly.

The program is tailored to reflect each club's situation, so you can work through it at your own pace. You can use Good Sports on your phone or tablet, anytime and anywhere.

How much time does it take to work through the program?

The Good Sports program is designed for busy volunteers. The time commitment is low - generally you only need to dedicate a few hours per year to progress your policy and keep it up to date.

The time needed to complete your policy will change based on the needs of your club. It will also depend on how many aspects of the program you already have in place. This could include alcohol management, smoke free areas, mental health support and safe transport planning. You can progress at the pace that suits you.

What is a policy and why do I need one?

Your Good Sports policy is your document that outlines your club commitments. For example, the part of your policy covering tobacco management outlines the actions your club will take regarding smoking (designating a smoke-free area at your club and putting up signage). It also covers the expectations you have for members and guests (not smoking in the smoke-free area).

A policy puts everything in writing. Even if you're already doing all the actions outlined in the policy, signing it off with your committee makes it official. It shows your members, guests, and potential sponsors that your club is a welcoming place, and that you care about their health and safety. In some cases, a policy will also prepare your club to respond to any issues that may occur and gives you a procedure to follow.

Good Sports also takes the work out of writing your own policy.

My club doesn't consume alcohol at events or game days, and we don't sell it. Is Good Sports relevant for us?

Yes, the program is relevant for all Australian sports clubs. With a policy covering mental health support, smoking management, and illegal drugs Good Sports helps all clubs to get prepared for any issues before they occur.

Sporting clubs that role-model healthy behaviours are leaders in their community, playing an important role to prevent and reduce harms from alcohol and other drugs. Even if alcohol isn't consumed or sold at your club, being a part of the program helps your club be a role model and leader in your local area.

Joining the program also shows members, volunteers, potential members and volunteers, and sponsors that you care about the health, safety and wellbeing of members and guests.



Visit goodsports.com.au
and click **Join Now** to register today.